



SimPRENA

Unit 9 - Strategies for Effective Communication with Dementia patients

ADAPTING VERBAL COMMUNICATION

- Speak slowly and clearly using simple words.
- Use short, direct sentences.
- Allow extra time for the patient to respond.
- Repeat or rephrase information as needed.



UTILIZING NON-VERBAL COMMUNICATION

- Maintain eye contact and a calm demeanour.
- Use gestures and visual aids to reinforce meaning.
- Minimize background noise and distractions.
- Offer reassurance through touch when appropriate.

CREATING A SUPPORTIVE ENVIRONMENT

- Approach patients with patience and empathy.
- Validate their feelings and acknowledge their emotions.
- Establish a consistent routine to reduce confusion.
- Encourage family involvement for personalized communication strategies.



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